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This book will tell you how to pump in an airplane, in a moving car, and virtually everywhere in between. This book will remind you you're not alone. We have dried breastmilk on our work clothes, too, and we're with you. This book is the anti-judgment, pro-sanity antidote to the Breastfeeding Wars. This book is a love

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letter to working parents.

Work. Pump. Repeat.

Work. Pump. Repeat. is an incredible resource for breastfeeding moms going back to work. But this is also a must read for anyone working or living with a pumping mom, even the guys. Jessica's spirit comes through, irresistibly fun and

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Meet the frenemy of every working, breastfeeding mother: the breast pump. Many women are beyond "breast is best" and on to figuring out how to make

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milk while returning to demanding jobs. Work. Pump. Repeat. is the first book to give women what they need to know beyond the noise of the "Mommy Wars" and judgment on breastfeeding choices.

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Guide To Breastfeeding And
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Work. Pump. Repeat: The New Mom's Survival Guide to Breastfeeding and Going Back to Work was inspired by my own experiences of literally circumnavigating the globe with a breast pump. I interviewed hundreds of working mothers and dozens of HR professionals to create the first practical, relatable, judgment-free guide for women who

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want to try to continue breastfeeding after they've returned to work.

Book — Jessica Shortall

Work. Pump. Repeat. is an incredible resource for breastfeeding moms going back to work. But this is also a must read for anyone working or living with a pumping mom, even the guys. Jessica's

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**Work. Pump. Repeat.: The New
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Work, Pump, Repeat. A Hilarious New Book on Breastfeeding. We love sharing breastfeeding advice to moms so we are in love with Jessica Shortall's hilarious new book "Work. Pump. Repeat.". Jessica is a working mother of two who

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Guide To Breastfeeding And Going Back To Work has literally circumnavigating the globe with a breast pump. She had both of her babies while working as the first Director of Giving for TOMS Shoes, so she's pumped in storage closets, moving cars, airplanes, hotels, conference rooms, bathrooms . . . and in a ...

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Many women are beyond “breast is best” and on to figuring out how to make milk while returning to demanding jobs. *Work. Pump. Repeat.* is the first book to give women what they need to know beyond the noise of the “Mommy Wars” and judgment on breastfeeding choices.

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Her first book, *Work. Pump. Repeat: The New Mom's Guide to Surviving Breastfeeding and Going Back to Work*, was inspired by her own experiences of circumnavigating the globe with a breast pump. She interviewed hundreds of

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working mothers and dozens of HR professionals to create a practical, relatable, judgment-free guide for women who want to try to continue breastfeeding after they've returned to work.

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"Work. Pump. Repeat. is an incredible

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resource for breastfeeding moms going back to work. But this is also a must read for anyone working or living with a pumping mom, even the guys. Jessica's spirit comes through, irresistibly fun and honest you can't help but laugh and be humbled at the same time.

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Pump. Repeat. is the first book to give women what they need to know beyond the noise of the "Mommy Wars" and judgment on breastfeeding choices. Jessica Shortall shares the nitty-gritty basics of surviving the working world as a breastfeeding mom, offering a road map for negotiating the pumping

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